



Chapter 8: Renewal Through Retreat

RETREAT CONNECTION TRACKER

INSTRUCTIONS: Maintain relationships formed during the retreat to sustain bonds of camaraderie and accountability. Fill out the personal information for each connection formed during the retreat: 1. Regularly log interactions and updates to stay connected, 2. Use the shared accountability goals to support each other's growth, 3. Keep track of prayer requests and reflect on answered prayers, 4. Review and update the tracker regularly

Please ensure your responses fit within the text box provided.

1. Personal Information

Name	Phone	Address	Email	Preferred Contact Method

2. Connection Log

Date	Name	Connection (Call/Meet/Text/Email)	Notes/Topics Discussed	Next Steps

3. Prayer Requests

Name	Prayer Request	Updates/Answers