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|  | Chapter 8: Renewal Through Retreat **RETREAT CONNECTION TRACKER** |
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| INSTRUCTIONS: Maintain relationships formed during the retreat to sustain bonds of camaraderie and accountability. Fill out the personal information for each connection formed during the retreat: 1. Regularly log interactions and updates to stay connected, 2. Use the shared accountability goals to support each other’s growth, 3. Keep track of prayer requests and reflect on answered prayers, 4. Review and update the tracker regularly | |

*Please ensure your responses fit within the text box provided.*

### **1. Personal Information**

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| Name | Phone | Address | Email | Preferred Contact Method |
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### **2. Connection Log**

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| **Date** | Name | **Connection** (Call/  Meet/Text/Email) | **Notes/Topics Discussed** | **Next Steps** |
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### **3. Prayer Requests**

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| **Name** | **Prayer Request** | **Updates/Answers** |
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