



Chapter 5: The Power of Prayer

PRAYER JOURNAL TEMPLATE

INSTRUCTIONS: This template helps you record prayer requests, document answers to prayer, and reflect on your spiritual journey with God.

Please ensure your responses fit within the text box provided.

1. Daily Prayer Entry

Date

Time

Prayer Focus or Theme: (e.g., gratitude, intercession, repentance, worship)

Scripture or Verse: (Optional: Write a verse that inspires today's prayer.)

Prayer Requests: (Write down your specific requests for today.)

Reflection on Prayer: (What did you feel, learn, or experience during your prayer time?)

Answered Prayers: (Record any answered prayers or moments of clarity.)

2. Weekly Overview

At the end of each week, use this section to summarize your prayer journey:

What were the highlights of your prayers this week?

What prayers were answered, and how did they impact you?

What challenges or distractions did you face in prayer?

What are your goals for prayer next week?

3. Prayer Requests and Answers Log

Date	Prayer Request	Answered?	Details/Reflection
e.g. 1/5	Healing for a loved one	Yes	Improved health after surgery

4. Gratitude Section. What are you grateful for today? What blessings did you notice this week?