



Chapter 2: The Alpha of Faith

FAITH QUESTIONS GUIDE

INSTRUCTIONS: This guide is designed to help you identify and reflect on the spiritual questions you want to explore, fostering deeper understanding and growth in your faith journey.

Please ensure your responses fit within the text box provided.

1. Reflect on Your Faith Journey

What draws you to explore your faith right now?

Have any experiences or challenges sparked these questions?

2. List Your Faith Questions. Write down the spiritual questions you want to explore. Consider topics like purpose, belief, doubt, or the nature of God.

Question	Why Is This Question Important to Me?	Theme #*

*Now assign your question into categories to identify areas of focus. Simply put the # listed below in the column.

#1 Faith and Doubt

#2 Purpose and Meaning

#3 God's Character

#4 Prayer and Worship

Add themes if you wish:

#5

#6

#7

Example:

<i>What is my purpose according to God's plan?</i>	<i>I want to align my life with a greater meaning.</i>	<i>#2</i>
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3. Plan for Exploration. For each question, outline how you will seek answers or clarity.

Question	Steps for Exploration	Resources/People to Consult	Target Date

Example:

<i>How can I trust God in difficult times?</i>	<i>Pray daily; read Psalms; attend a Bible study</i>	<i>Bible, Pastor, faith-based book</i>	<i>End of this month</i>
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4. Reflection and Growth. After exploring your questions, reflect on what you've learned:

What insights have I gained?

How has this exploration affected my faith?

What new questions have arisen?