



Chapter 14: The Ongoing Journey

SPIRITUAL GROWTH PLANNER

INSTRUCTIONS: Define and track personal goals for reflection, service, study, and other faith practices to deepen your relationship with God.

Please ensure your responses fit within the text box provided.

Section 1: Reflection Goals. Jot down any thoughts or ideas after each section.

Prompt: Set specific goals for personal reflection and prayer to foster a deeper spiritual connection.

- Daily Reflection Time
- Scripture or Devotional Focus
- Prayer Intentions
- Reflection Journal Entries (Frequency)

Section 2: Service Goals. Jot down any thoughts or ideas after each section.

Prompt: Identify meaningful ways to serve others as part of your spiritual growth.

- Acts of Service (e.g., volunteering, helping neighbors)
- Service Goals (e.g., hours per month)
- Organizations/Communities to Serve

Section 3: Study Goals. Jot down any thoughts or ideas after each section.

Prompt: Plan how you will engage with scripture and other faith-based materials to deepen your understanding.

- Bible Reading Plan
- Books or Devotionals to Study
- Study Frequency (e.g., daily, weekly)

Section 4: Worship Goals. Jot down any thoughts or ideas after each section.

Prompt: Outline goals for participating in worship and fostering community connections.

- Worship Attendance (e.g., weekly church services)
- Faith Group Participation (e.g., Bible study, prayer circles)
- Personal Worship Practices (e.g., music, gratitude prayers)