



Chapter 14: The Ongoing Journey

FAITH REFLECTION JOURNAL

INSTRUCTIONS: Reflect regularly on your spiritual progress, challenges, and growth, fostering deeper self-awareness and a closer connection with God.

Please ensure your responses fit within the text box provided.

Section 1: Daily/Weekly Reflection

Prompt: Record your thoughts and experiences to track your spiritual journey.

Date:

Scripture or Devotional Focus:

What inspired you today/this week?

How did you see God's presence in your life?

Challenges faced:

How did your faith guide you through these challenges?

Section 2: Gratitude and Prayer

Prompt: Express gratitude and lift up your prayers to God.

Three things you're grateful for today/this week:

Prayer Requests

Answered Prayers

Section 3: Spiritual Growth Goals

Prompt: Assess progress toward your goals and set new ones.

Reflection on past goals:

What did you achieve?

What could you improve?

New Goals:

Reflection/Prayer

Service

Study