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|  | Chapter 14: The Ongoing Journey **FAITH REFLECTION JOURNAL** |
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| **INSTRUCTIONS:** Reflect regularly on your spiritual progress, challenges, and growth, fostering deeper self-awareness and a closer connection with God. | |

*Please ensure your responses fit within the text box provided.*

#### **Section 1: Daily/Weekly Reflection**

**Prompt:** Record your thoughts and experiences to track your spiritual journey.

**Date:**

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**Scripture or Devotional Focus:**

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**What inspired you today/this week?**

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**How did you see God’s presence in your life?**

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**Challenges faced:**

**How did your faith guide you through these challenges?**

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#### **Section 2: Gratitude and Prayer**

**Prompt: Express gratitude and lift up your prayers to God.**

**Three things you’re grateful for today/this week:**

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**Prayer Requests**

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**Answered Prayers**

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#### **Section 3: Spiritual Growth Goals**

**Prompt: Assess progress toward your goals and set new ones.**

**Reflection on past goals:**

**What did you achieve?**

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**What could you improve?**

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**New Goals:**

**Reflection/Prayer**

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**Service**

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**Study**

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