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|  | Chapter 11: Living With Purpose  **DAILY REFLECTION JOURNAL** |
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| **INSTRUCTIONS:** This checklist helps you identify and implement practical ways to live out your faith in your work, family, and community. | |

*Please ensure your responses fit within the text box provided.*

### **Section 1: Date & Theme**

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| Date |  |
| **Daily Focus or Scripture Inspiration** | | |
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### **Section 2: Daily Reflection Prompts**

**Key Moments Today:** What were the most significant moments of your day?

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**Reflecting Christ’s Love:** How did your choices or interactions reflect Christ’s love?

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**Challenges and Growth Areas:** Were there moments where you struggled to live according to your faith?

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**Gratitude and Blessings:** What are you grateful for today?

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**Action for Tomorrow:** Based on today’s reflection, what is one thing you will focus on tomorrow?

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### **Section 3: Evening Prayer**

**Write a prayer to conclude your day:** Heavenly Father…

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Amen.

### **Section 4: Weekly Summary**

**At the end of the week, review your reflections:**

**Biggest Spiritual Growth This Week:**

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**Key Challenges Overcome:**

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**New Goals for Next Week:**

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