



## Chapter 10: Building Community

# FAITH-BASED FRIENDSHIP JOURNAL

INSTRUCTIONS: This journal is designed to help you reflect on your faith-based friendships within your church, celebrate meaningful connections, and set goals for deepening those relationships.

*Please ensure your responses fit within the text box provided.*

*"A friend loves at all times, and a brother is born for a time of adversity." – Proverbs 17:17*

### Section 1: Reflection on Current Relationships

#### Friendship Highlights

Who are the individuals you feel most connected to in the church?

What makes these friendships special or impactful?

#### Church Moments

Reflect on a recent event or moment at the church that strengthened a friendship:

#### Gratitude

Write a prayer or note of gratitude for your friends or the connections you've made:

### Section 2: Setting Friendship Goals

#### Deepening Connections

Is there someone you'd like to get to know better? What is their name?

How will you connect with them (e.g., invite them to coffee, join a group together)?

#### Serving Together

Identify one way you can serve or volunteer with a friend in the church:

#### Prayer Goals

Choose a friend to pray for this week:

How will you connect with them (e.g., invite them to coffee, join a group together)?

Say a specific prayer for them:

### Section 3: Monthly Friendship Reflection

Month

Wins: What friendship milestones or blessings did you experience this month?

Challenges: Were there any difficulties or misunderstandings in your friendships? How did you handle them?

Growth: What steps can you take to improve your relationships next month?