



## Chapter 1: The Awakening

# PERSONAL FAITH TIMELINE

INSTRUCTIONS: Map out significant spiritual moments in your life. Highlight key events, experiences, or relationships that influenced your faith journey. These could be times of growth, exploration, challenges, or transformation. Reflect on how these moments brought you closer to or farther from your faith.

*Please ensure your responses fit within the text box provided.*

### Step 1: Timeline Overview

Recall: 1. Your earliest pivotal spiritual memory/milestone, and 2. The current stage of your spiritual development.

### Step 2: Key Event Breakdown

Use the table format below to document each milestone to the best of your recollection:

Year/Age	Event/Experience Brief description of the moment	Impact on Faith (Closer/Further)	Reflection/Notes How it shaped your beliefs or actions

### Step 3: Reflection Questions

Take time to reflect on your timeline with the following prompts:

1. What patterns or themes emerge when looking at your journey?

2. Who or what had the biggest influence on your spiritual growth?

3. Are there moments you'd like to revisit or understand better?

4. How have these experiences shaped your current spiritual perspective?